

Prostate Health Test

Prostate Health Test looks for elevated levels of Prostate Specific Antigen (PSA) in men's blood.

Q: What is PSA?

A: PSA (Prostate Specific Antigen) is a protein produced by the prostate gland and released into the bloodstream in very small quantities. If there is a problem with the prostate such as prostatitis, enlarged prostate or prostate cancer, the prostate will release larger amounts of PSA into the blood. SELFCheck Prostate Health Test tests positive when PSA levels go up above the norm.

Q: Who should test for PSA and how often?

A: All men over 40 should test regularly to detect potential signs of prostate problems early.

Q: Why is it important to test for prostate health?

A: Nearly 32,000 cases of prostate cancer are diagnosed in the UK each year. In Ireland, prostate cancer is the leading type of cancer in men, with 80% diagnosed individuals being over the age of 65.*

Q: What should I do if my PSA levels are outside the norm?

A: Consult your doctor for further testing and diagnosis. Do not make any medical decisions without consulting a doctor first.

For more information:

info@prostate-cancer.org.uk

www.prostate-cancer.org.uk

Telephone helpline: 0800 074 8383

prostate@irishcancer.ie

www.cancer.ie

Telephone helpline: 01800 380 380

